All information correct at the time of going to print

a further four weeks after they stop qualifying for Working Tax Credit Working Tax Credit 'run-on' - the payment someone may receive for

and have an annual income (as assessed by HM Revenue & Customs) Child Tax Credit, provided they are not entitled to Working Tax Credit

- - - - Income Support

child for Free School Meals if you receive any of these benefits: This also provides extra funding to your school, you can register your

child may also be entitled after Year 2! in Reception, Year 1 and Year 2. Your School Meals are FREE to all children Menu calendar

		MK 3	10 DEC	MK 3	23 JUL
MK 5	A9A 8	MK 5	3 DEC	MK 5	10 JUL
MK 4	A9A h	MK 1	26 NOV	MK 4	3 1NL
MK 3	AAM 32	MK 3	VON 61	MK 3	รากเ
MK 5	AAM 81	MK 5	12 NOV	MK 5	รย ากท
MK 4	AAM II	MK 4	2 NOV	MK 4	NUL 81
MK 3	AAM 4	29 OCT - HALF TERM		MK 3	NUL FF
MK 5	S2 LEB	MK 5	22 OCT	MK 5	NUL 4
18 FEB - HALF TERM		MK 4	15 OCT	MA3T 3JAH - YAM 8S	
MOSTSIAL	1-83381	F >1/V\	TOOAL	MOSTSIAL	- VANA 90
MK 3	14 FEB - 1	MK 3	8 OCT	MK 3	YAM IS
MK 3	11 EEB	MK 3	8 OCT	MK 3	YAM IS
MK 3 MK 5	11 EEB	MK 3 MK 5	1 OCT	MK 3 MK 5	YAM 12
MK 3 MK 5 MK 4	11 FEB 58 JAN	MK 3 MK 5 MK 4	8 OCL 1 OCL 54 8EbL	MK 3 MK 5 MK 4	YAM 7 YAM ÞÍ YAM ÍS
MK3 MK1 MK3	21 JAN 4 FEB 11 FEB	MK3 MK1 MK3	8 OCT 1 OCT 54 SEDT 11 SEDT	MK 3 MK 1 MK 3	7AM 7 YAM 4t YAM 12

17 DEC | WK 1

www.telford.gov.uk/freeschoolmeals

that does not exceed £16,190 (this may change from 1 April)

• The 'Guarantee' element of State Pension Credit

- Support under Part VI of the Immigration and Asylum Act 1999
 - Income-related Employment and Support Allowance
 - Income-based Jobseeker's Allowance

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3290

Kenya by donating Food Programme in supported the World We have also

You can pay in cash too! www.telford.gov.uk/payforit Pay for your child's school meals at

School Meal Price



We only use approved suppliers to ensure

requirements medical or cultural. We do our best to cater for special dietary

orifer a Vegetarian option.

4 We Oven Bake in preference to Frying.

S Our recipes are low in Sugar and Fat.

Salad and Fresh Fruit.

🙎 We have daily servings of Vegetables,

Government Food Standards. our kitchens daily and comply with the

in All our meals are freshly prepared in

Ozizz snuðu ano

DID KON KNOMS Free School Meals

Ouringredients

Fresh Fruit, Salads and vegetables selected by Rowlands in Shrewsbury.

The Welsh Sausage company -

based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef burgers They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council and produced in Grimsby, we only us fish from a sustainable source.

made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried goods - sourced locally from Bikold in Ludlow to reduce our carbon foot print.

Our Wallace & Gromit pasta meals



LLAETH Y LLAN







conjunction with

















Let's Dine Primary School Tenu

April 2018 to March 2019

Download your copy at www.telford.gov.uk/schoolmeals

Soil Association

FOOD FOR LIFE BRONZE CATERING











Monday

Pork Sausages Oven baked Pork

Vegetarian Sausage in a Rich Tomato Sauce V

Creamed Potatoes, Garden Peas, Baked Beans, Sweetcorn, Seasonal Salad Selection, Homemade Mixed **Bread Selection**

Let's Dine Fresh from the Farm Ice

Tuesday

Homemade Chicken Pie Farm Assured Chicken cooked with Seasonal Vegetables in a tasty gravy

Macaroni & Cauliflower Cheese V

New Potatoes, Broccoli, Carrots, Seasonal Salad Selection, **Homemade Mixed Bread Selection**

Homemade Cookie

Wednesday

Traditional Roast with a Rich & **Tasty Gravy**

Oven Roast Vegetables Served in a Yorkshire pudding topped with Mature Cheese V

Roast Potatoes, Creamed Potatoes, Baton Carrots, Broccoli, Cauliflower, Seasonal Salad Selection, Homemade Mixed Bread Selection

Fruit Jelly with a Swirl of Cream

800 kernels!!!

Thursday

Pizza Bar Selection of Topped Pizzas with a Deep Crust Base V

Sweetcorn, Green Beans, Big Seasonal Salad Bar. Homemade **Mixed Bread Selection**

Chocolate Cake with Mint Custard

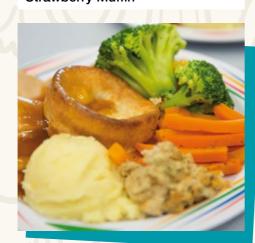
Friday

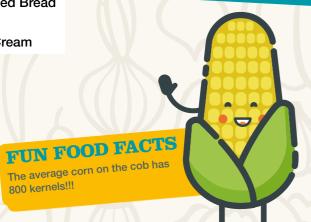
Battered Fillet of Fish White Fillet coated in a light batter or Salmon **Fishcake**

Vegetable Paella Cooked Rice with a Selection of Seasonal vegetables V

Chips, Baby Jacket Potato, Baked Beans, Swede, Farmhouse Mixed Vegetables, Seasonal Salad Selection, Homemade Mixed **Bread Selection**

Strawberry Muffin





Monday

Pizza Bar Selection of Topped Pizzas with a Deep Crust Base V

Pasta, Baked Beans, Seasonal Big Salad Bar Selection, Homemade Mixed Bread Selection

Carrot Cake

Tuesday

Homemade Fish Pie Flaked fish in a cheese sauce topped with creamed potato

Vegetarian Burger V

Pasta with Pesto, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Mixed Bread Selection

Pineapple & Apricot Flapjack

Wednesday

Traditional Roast with a Rich & **Tasty Gravy**

Quorn Parcels Diced Quorn & Roast Vegetables encased in Puff Pastry V

Roast Potatoes, Creamed Potatoes, Carrots, Cauliflower, Garden Peas, Homemade Mixed **Bread Selection**

Let's Dine Fresh from the Farm Ice Cream

Sandwich Bar

Available daily by pre order

Thursday

Chicken Curry Tender pieces of Farm Assured Chicken in a Chefs Curry Sauce With added peppers and lentils

Quorn Wrap with Salad Floured Wrap filled with diced Quorn & Salad

Yellow Rice, Sambals, Seasonal Salad Selection, Homemade Mixed Bread Selection

Raspberry & Coconut Slice



you ate a different variety of apple everyday, it would take you more than 20 years to try them all there's over 7500 types!

Friday

Jumbo Fish Finger Fillet of Fish coated in a Crispy Breadcrumb or Battered Fillet of Fish White Fillet coated in a light batter

Cauliflower & Leek Cheese V

Chips or Couscous, Baked Beans, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Mixed Bread Selection

Chocolate Muffins

Individual Yoghurt, Fresh Fruit or Cheese & Crackers available daily. All items subject to availability.

Weels

Monday

Big Breakfast Back Bacon, Pork Sausage

Vegetarian Sausage, Free Range Scrambled Egg V

Mini Potato Waffles, Baked Beans, Mushrooms, Tomatoes, Seasonal Salad Selection, **Homemade Mixed Bread** Selection

Fruit Salad topped with Yoghurt

Tuesday

Chicken Curry Tender pieces of Farm Assured Chicken in a Chefs Curry Sauce

Lentil Dhal Red Lentils cooked in a Vegetable stock and seasoning with a variety of Spices V

Mixed Rice, Sweetcorn, Cauliflower, Seasonal Salad Selection, Homemade Mixed **Bread Selection**

Lemon Sponge & Custard

Wednesday

Traditional Roast with a Rich & Tasty Gravy

Oven Roast Vegetables Served in a Yorkshire pudding topped with Mature Cheese V

Roast Potatoes, Creamed Potatoes, Cauliflower, Garden Peas, Cabbage, Seasonal Salad Selection, Homemade Mixed **Bread Selection**

Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse

FUN FOOD FAC

The world's heaviest carrot was grown in Nottinghamshire in 2014 and weighed over 9kg!

Thursday Lasagne Red Tractor Fresh Minced Beef cooked in a Rich Tomato based

Crispy Quorn Dippers & Tomato Sauce Quorn pieces Coated in a light Batter & Baked V

Sauce layered with pasta & topped

Pasta Twists, Broccoli, Carrots, Seasonal Salad Selection, Homemade Mixed Bread Selection

Tropical Sponge

with Cheese Sauce

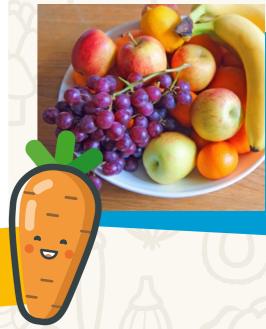
Friday

Battered Fillet of Fish White Fillet coated in a light batter or Jumbo Fish Finger Fillet of Fish coated in a Crispy Breadcrumb

Vegetable Korma Selection of seasonal vegetables in a Chefs Curry Sauce V

Chips, Rice, Mushy Peas, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Mixed Bread Selection

Homemade Cookie Selection



Dawley Academy