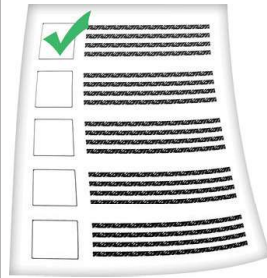


Moving On...

Top tips for pupils moving on to secondary school





To do - over the summer holidays



Visit your local library



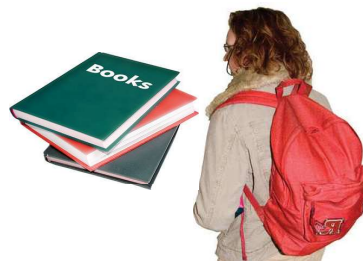
Practise buying your own food and drinks in cafes



Think about joining a club outside of school



Look for technology you can use to help you prepare for the new school



Practise packing up all the things you will need to take to your new school



Plan the route you will take to the new school and do a few trial runs

Secondary School

When you move to secondary school:



Make **prompt cards** with lists of equipment you need for different lessons.



Remember the **5 a day rule** for your pencil case – pens, pencils, rubber, ruler and calculator.



Make sure you **get to your next lesson on time** by packing your bag quickly and get moving ahead of the rush.



If you feel a little lonely during the first few weeks find out if there is a library, base or ICT suite you can spend time in during the lunch break.



Make sure you **get to the dining hall** quickly, this means you are more likely to get a seat with others you know, and the food will not have run out!



If you find it **difficult to choose what to eat** at lunchtimes check the menu as soon as you can and decide your first and second choices.



Look out for **lunchtime and after-school clubs**. This is a good way to meet new friends and learn new skills.