2nd October 2020

Newsletter

Enriching Learning, Enriching Life

MENTAL HEALTH

Parent and Carer's mental health is just as important as the children's. If you, or anyone you know is struggling and needs help then here are some useful numbers.

- 0300 123 6020– Adult talking therapy service, this is a self-referral service.
- Call the parents helpline (Young Minds)- 0808 802 5544 (Monday-Friday 9.30am-4.00pm)
- Samaritans– 116 123– available 24 hours a day, 365 days a year and the call is free of charge.

COVID-19 SOCIAL DISTANCING AND RULE OF 6

As cases have started to rise in the Telford & Wrekin Borough, could we please remind all parents and carers to ensure you are sticking to the social distancing guidelines, particularly around the Academy gates. The police are now breaking up groups of more than 6 people, and issuing fines of £200 per person if the guidelines are not followed.

Could we also ask parents and carers to keep their distance when talking to Academy staff at the class doors. Please ensure you are social distancing at all times when approaching all Academy staff.

PARKING

We remind Parents and Carers that there is ample parking available at the top of the street which is **free of charge.** Only those with blue disabled badges are able to park at the front of the Academy. Tickets will be issued to all those parked illegally. Please be advised that parking on the Zig Zags is also illegal, even if you are a blue badge holder.

TERM DATES

The up and coming half term dates are as follows:-

PD day– Friday 23rd October 2020 (Academy closed to all children)

October half term– Monday 26th October– Friday 30th October 2020.

CLASS PE DAYS

PE days for each class are as follows. Please can you ensure all children are **wearing their PE kits to the Academy** on their allocated days. Thank you.

Monday– Year 5 and 6

Tuesday– Year 1 and 2

Wednesday– Year 3 and 4

Thursday– Reception and Year 1

LUNCH TIME MENU

The lunch menu for the week commencing **Monday 5th October** is as follows:-

Monday– BBQ Chicken Noodles.
Ice-Cream

Tuesday– Sausage & Mash with beans or peas
Cookie

Wednesday– Pizza & Pasta with sweetcorn.
Mousse

Thursday– Chicken Curry and Rice
Cookie

Friday– Fish & Chips with Peas
Ice-Cream

LOVE PEACE HOPE TRUST

Twitter:
@dawleyprimary

Website:
www.dawley.academy

ACADEMY OFFICE

Only one person at a time in the Academy office area. MASKS MUST BE WORN!!

COVID-19 SYMPTOM CHECKER

Telford & Wrekin Health Protection Hub
16th September 2020

Telford & Wrekin COUNCIL

Coronavirus (COVID-19) Symptom Checker

Symptoms	Coronavirus Symptoms range from mild to severe	Cold Gradual onset of symptoms	Flu Rapid onset of symptoms
Fever (37.8C or above)	Common	Rare	Common
Fatigue	Sometimes	Sometimes	Common
Cough	Common (usually dry)	Mild	Common (usually dry)
Sneezing	No	Common	No
Aches and pains	Sometimes	Common	Common
Runny or stuffy nose	Rare	Common	Sometimes
Sore throat	Sometimes	Common	Sometimes
Diarrhoea	Rare	No	Sometimes (for children)
Headaches	Sometimes	Rare	Common
Shortness of breath	Sometimes	No	No

IMPORTANT INFORMATION

It is important to keep on top of personal hygiene, and ensuring that the children are aware to **'Catch it'** in a tissue, **'Bin it'** straight into a bin and **'Kill it'** by washing their hands for 20 seconds.

WASH YOUR HANDS

It is very important that all the children wash their hands, especially after going to the toilet, before handling food and when they cough. As a guide, if children sing the song Happy Birthday twice whilst washing their hands, this will ensure their hands are clean. Please could we ask all parents and carers to make sure their children are aware of how to wash their hands correctly. Also please help by keeping children's finger nails short to prevent dirt and germs from gathering under the nails. Thank you.