

### Physical Development

- Cosmic kids yoga
- Daily exercise goals
- Moving to music
- Animal movements
- Balancing skills
  
- Make healthy food choices
- What makes us healthy?
- How to brush our teeth
- Hand washing

### Personal, Social and Emotional Development

- Talk about what it means to be healthy
- Select and use resources, with help when needed.
- Continue to use words such as 'happy', 'sad', 'cross' and 'worried'.
  
- Look at dressing for the seasons

### Communication and Language

- Begin to understand who, what and where questions.
  
- Listen to simple stories.
- Join in with listening games—phase one phonics
  
- Rhyming language.
- Syllable clapping

### Literacy

Shared texts—

Writing—

- Use a wide range of mark making implements
- Begin to write the first letter of their name
- Following over the pattern of their initial—moving on to beginning to write other letters within their name.
- Mark make in shaving foam, rice, sand

## Nursery Theme 'Healthy Me' Spring term 1 2023



\*Plans subject to change inline with pupils interests\*

### Maths

- Counting by rote—counting teeth  
Saying one number for each object.
  
- Select shapes for building
- Continue to notice patterns
- Counting to ten and beyond

### Characteristics of effective learning

Playing and exploring

- \* Showing curiosity with new objects, textures
- \* PDR sessions - enabling children to initiate their own play and interests

Active Learning

- \* Outdoor provision—learning about new equipment and how to use it safely.

Creating and Thinking Critically

- \* Investigate materials by testing ideas, theories and predictions
- \* Outdoor provision

### Understanding of the World

- Emergency Services
- 999/doctors role play
  
- Dentist
  
- Celebrations—Chinese New Year,, Valentines Day. Shrove Tuesday
  
- Show an interest in different occupations.

### Expressive Arts and Design

- Washing germs experiments
- Experiment with different ways of making marks.
  
- Develop more complex language through role play
  
- Large people who help us people display

We will welcome new friends and begin to look at ways to stay healthy, including dental hygiene, healthy eating and exercise.



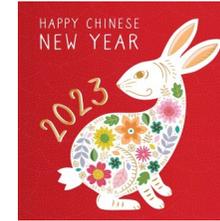
## Nursery People who help us

We will be looking at staying healthy and looking after our bodies this half term.

## People who help us



We will be looking at different celebrations that are happening during this half term, including Chinese New Year, Valentines Day and Shrove Tuesday.



We will be looking at different job roles, particular those roles of the people who help us. We might even have a visit or two....



This half term we will be making our role play area into a toy hospital where the dolls, teddies and toys will come to feel better!



We will concentrate on patterns...



Name writing....



Welly Wednesday's.



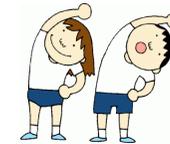
Please bring in your welly boots, coats, hats and gloves.

Challenge....

Do you have anything at home that could help us with our toy hospital?  
Role play toys such as bandages, plasters, stethoscopes, dressing up clothes



P.E. Day— Monday



Please bring in your indoor PE kit (black shorts & white T-shirt)